



The **WorkStrategies Functional Capacity Evaluation (FCE)** provides an objective and comprehensive evaluation of an individual's ability to perform essential work functions. The FCE is an important tool used to assist referral sources in determining safe, functional levels for an individual to either return to work or to establish functional ability or limitation.

THE WORKSTRATEGIES FCE FEATURES:

- **Standardized Functional Testing Protocols**
 - Follow established national FCE standard protocols and testing methods utilizing widely accepted evaluation tools.
 - Follow evidence-based guidelines for functional testing
 - Multiple layers of standardized consistency testing to evaluate for effort.
- **Peer-review Research**
 - Our FCE is based on peer-reviewed, published literature and includes physiological, biomechanical and psychophysiological approaches.
- **Regional Network**
 - Multiple locations with experienced therapists who administer FCEs.
 - Experienced evaluators are certified through standardized training approved by our Clinical Education Program.
- **Quality Assurance**
 - All FCEs are critiqued to ensure referral question(s) are answered and report is concise and complete prior to submission.
- **Centralized Scheduling**
 - Centralized Scheduling offered to effectively match patients / clients to the closest clinic in the desired timeframe.

THE WORKSTRATEGIES FCE ADDRESSES THREE CRITICAL COMPONENTS TO FORMULATE A DETERMINATION OF AN INDIVIDUAL'S CURRENT FUNCTIONAL ABILITY LEVEL:

1. **An assessment of clinical function and impairment**
2. **An assessment of general functional ability**
3. **An assessment of specific functional work tolerance**

With these three interrelated components, an individual's current function level can be quantitatively assessed and determined with conclusion of the functional capacity that is safe, reliable and defensible.

CSMChampion
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